



Summer Newsletter 2026

Welcome to our Summer Newsletter!

Many of you will know that I've been on maternity leave after welcoming my daughter, Lexie Joy Anne, in February. She is growing fast, keeping us all busy and bringing plenty of smiles (and a few sleepless nights!) to the Eele household.

Although I'm currently away from work, I still enjoy popping along to the occasional lunch and event when I can, so if you see me out and about with Lexie, please do come and say hello. It's always lovely to catch up with members and hear what you've been getting up to.

This edition is packed with updates and upcoming events, including our recent trip to Cadbury World, details of our ever-popular canal boat trips, future cinema outings, College Lake, Bucks Safe Places and our regular Zoom sessions.

We're also working on plans for a trip to see **Six The Musical**, so keep an eye on your emails and future newsletters for more information.

Thank you for your continued support of Enrych Buckinghamshire. I hope you enjoy reading the newsletter and look forward to seeing many of you over the summer.

Victoria

Cadbury World

Our trip to Cadbury World on 11th May was a fantastic day out and definitely one for the chocolate lovers amongst us!

Travelling with a new coach company, we arrived in Birmingham ready to explore everything Cadbury World had to offer. From learning about the history of chocolate and the Cadbury family to discovering how our favourite treats are made, there was plenty to see and do throughout the day.

Many members enjoyed trying their hand at chocolate decorating, with some very creative designs appearing on the marble tables. I even managed to write "Enrych" in chocolate!

The Chocolate Quest ride proved popular too, bringing lots of smiles and laughter as we travelled through the attraction collecting points along the way. We also enjoyed exploring the history of Bournville and learning more about the story behind one of Britain's most famous chocolate brands.

After a busy day exploring, everyone enjoyed the chance to relax, chat and, of course, enjoy a few chocolate treats before heading home.

Most importantly, the day was full of friendship, fun and shared experiences. Thank you to everyone who joined us and helped make the trip such a success.



Cinema Visit

A small group of us enjoyed a visit to Cineworld in High Wycombe in May to watch *Michael*, the story of the legendary Michael Jackson. We thoroughly enjoyed both the film and the outing.

We are planning another cinema trip in August and would love for more people to join us. Why not come along and enjoy the experience with us?





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JULY

Thursday	2nd	Craft Group	2pm	Waitrose Café - Aylesbury, HP20 1AL
Friday	3rd	Canal Trip		Afternoon on the Grand Union Canal
Wednesday	8th	Aylesbury Lunch	12 noon	Horse And Jockey - Aylesbury, HP19 9QL
Wednesday	15th	High Wycombe Lunch	12 noon	Spindle & Thread - High Wycombe, HP13 5HP
Friday	17th	Picnic in Aylesbury	12noon	Vale Park, Aylesbury
Monday	20th	Tea & Cake	1pm	The Crew Café, Princes Borough
Tuesday	21st	Aylesbury Evening Meal	6.30pm	Harvester, Aylesbury, HP19 8BU
Friday	31st	WABC	10am	Wallingford Accessible Boat

AUGUST

Monday	3rd	Evening Meal, MK	6.30pm	Beefeater, The Barn - Milton Keynes, MK9 3BZ
Thursday	6th	Craft Group	2pm	Waitrose Café - Aylesbury, HP20 1AL
Friday	7th	Cineworld High Wycombe	TBC	Film and time to be advised nearer the time
Tuesday	11th	WABC	10am	Wallingford Accessible Boat
Wednesday	12th	Aylesbury Lunch	12 noon	Horse And Jockey - Aylesbury, HP19 9QL
Wednesday	19th	High Wycombe Lunch	12 noon	Spindle & Thread - High Wycombe, HP13 5HP
Monday	24th	Tea & Cake	1pm	The Crew Café, Princes Borough

SEPTEMBER

Thursday	3rd	Craft Group	2pm	Waitrose Café - Aylesbury, HP20 1AL
Wednesday	9th	Aylesbury Lunch	12 noon	Horse And Jockey - Aylesbury, HP19 9QL
Friday	11th	Trip to Bournemouth		Flyer attached
Wednesday	16th	High Wycombe Lunch	12 noon	Spindle & Thread - High Wycombe, HP13 5HP
Monday	21st	Tea & Cake	1pm	The Crew Café, Princes Borough

Community Transport Hub

The Community Transport Hub is available to Buckinghamshire's residents who are struggling to get to appointments – both medical and social – and need alternative transport options to public or private transport.

The Hub provides information on community transport providers in Buckinghamshire and the surrounding area, from Dial-a-Ride to community car schemes, minibus hire to wheelchair accessible taxis.

Do you need help finding transport? Call the Community Transport Hub on 0800 085 8480



Vulnerable people and their carers, or people who find themselves in challenging situations can get help at Safe Places when out in communities in Buckinghamshire.

The Safe Place Scheme runs in many local towns. A Safe Place provides help and assistance when needed and can be identified by a Safe Place sticker on the window or door.

If a vulnerable person seeks help, a staff member of the Safe Place will help by making a phone call to someone the vulnerable person trusts or to one of the numbers on an emergency contact list provided to the premises.

Staff at a Safe Place will also reassure and keep the vulnerable person safe until the situation was resolved.



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Bekonscot

We had a hot and sunny trip to Bekonscot Model Village on Friday 22nd May where we enjoyed making our way leisurely through the village, taking time to stop and notice all of the tiny details. It was great fun to point out local places that we recognised, such as Windsor Castle, Whipsnade Zoo and Enid Blyton's home.

We watched the railway wind through the buildings, the cable cars ride over the water and all of the tiny details of the village, surrounded by the beautiful flowers and trees that are so carefully manicured by the gardening team.

Bekonscot is very accessible, with the option of taking a slightly wider path if needed, but the windy paths allowed wheelchairs and rollators to pass through and we had plenty of time to stop and take in each scene, as there is so much to look at.

We stopped for lunch and had a lunch spot where we could rest in the shade and have a well needed ice cream-or two!

It was a fantastic day where existing and new Enrych members were able to get together, chat and enjoy the sunshine.



Join us on another of our summer outings

Bournemouth - 11 September

Flyer attached



College Lake

Despite the very wet weather, we had a thoroughly enjoyable day at College Lake in June.

College Lake is part of the Berkshire, Buckinghamshire & Oxfordshire Wildlife Trust and is based just outside of Tring, approx. 9 miles from Aylesbury.

We started with a lovely lunch, which provided a welcome break from the rain, and then spent some time wandering around College Lake. Although the showers were frequent and sometimes quite heavy,

they did little to spoil the experience. The lake and surrounding nature reserve looked particularly beautiful in the damp conditions, with the landscape appearing fresh and vibrant after the rainfall.

We finished the day in the Café enjoying a cuppa and a cake. A few of us bought a few mementos from the shop, the proceeds of which go towards the running of this beautiful place. There is free entry to the Visitor Centre and generally most paths are wheelchair accessible.



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Wallingford Accessible Boat Club

One of my favourite trips that we offer each year has to be our visits to the Wallingford Accessible Boat Club.

The charity provides accessible boat trips along the River Thames, allowing people of all abilities to enjoy being out on the water. Their specially adapted boat means wheelchair users and those with mobility difficulties can take part safely and comfortably.

The trips are always so peaceful and relaxing. We gently cruise along the river, enjoying the scenery, spotting wildlife and chatting with friends. It is amazing how quickly the stresses of everyday life disappear when you're sat on a boat with a cup of tea, watching the world go by!

The volunteer crew are incredibly friendly and knowledgeable and always make us feel welcome. Many of our members return year after year and it is easy to see why.

We have several trips planned this year and transport can be arranged for a small additional charge. If you've never joined us before, why not give it a try? We'd love to see you there



ENRICH
Buckinghamshire
Looking beyond disability

Join us for a
Picnic
in Vale Park, Aylesbury

Friday 17 July **12:00 noon** **Vale Park, Aylesbury**

Bring your own food Bring a seat if you can We will order the sun!

We look forward to seeing you there!



- ✓ Local trips
 - ✓ Day trips
 - ✓ Private hospital transfers
 - ✓ Multiple wheelchair accessible minibus
 - ✓ Airport runs
 - ✓ Reliable & conscientious service
- Wheelchair Travel**

01296 506050 info@accessiblecars.co.uk



We have heard from a few people who have used Accessible Cars operated by Jack Davis and found it to be an excellent service. If you are looking for a wheelchair accessible taxi, this may be the company for you! He also has a minibus with space for at least two wheelchair users.

Enrych Buckinghamshire is not endorsing any businesses, services or groups mentioned in this Newsletter, but we hope the information may be of interest to our Members.