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Winter Newsletter 2025



Christmas Message from Victoria

As we head into the Christmassy season, I hope you're all feeling merry, bright and ready for a little sparkle. I'm officially entering my favourite time of year - the great Christmas Movie Marathon, complete with gift-wrapping, cosy hot chocolate, and (of course) my traditional cheese-plate buffet!

Before we dive into the festive fun, I have some personal news: early in the New Year, I'll be going on maternity leave as I prepare to welcome a baby girl. I'm incredibly excited and although I'll be taking a little time away, I'll still pop up now and then to say hello — you won't get rid of me that easily!

I also want to take a moment to express my heartfelt thanks:

A huge thank you to the amazing Trustees of Enrych - Liam, Linda, Liz, David and Kyle - for all your time, hard work, dedication and guidance throughout the year. Your support makes such huge a difference, and we couldn't do it without you.

A very special thank you to Sue - everything we achieve is touched by her dedication and love so I for one, am so grateful.

Wishing you all warmth, smiles and laughter, and a wonderful start to the season and a Happy New Year!

Christmas Message from Vicky

Thank you to everyone at Enrych for the very warm welcome that I received when I started in August.

Since then I've really enjoyed meeting everyone and hope to meet more members next year!

I've enjoyed some really fun events with you since joining - the Stratford Upon Avon coach trip, the quiz in Thame and numerous online meet ups. I'm looking forward to more in 2026!

I hope that everyone has a peaceful Christmas time and a very happy New Year!



January 2026

Friday 2 January	3pm	Sue	Bingo
Monday 5 January	11am	Vicky	Seated Move & Groove
Wednesday 7 January	4pm	Sue	Games
Friday 9 January	11am	Vicky & Victoria	Quiz
Tuesday 13 January	11am	Joyce	Seated Move & Groove
Wednesday 14 January	2pm	Joel	Afternoon Chat
Thursday 15 January	4pm	Jo D	Mindfulness
Friday 16 January	3pm	Victoria	Villains!
Monday 19 January	2pm	Joel	Seated Move & Groove
Wednesday 21 January	11am	Sue	Tai Chi
Friday 23 January	7pm	Victoria	Twilight Chat
Tuesday 27 January	11am	Victoria	Seated Move & Groove
Thursday 29 January	4pm	Joyce	Film Review
Friday 30 January	11am	Victoria & Sue	Quiz

Don't forget we have Zooms over the Christmas/New Year Holiday so we can keep in touch and bring some friendly faces to your days. As usual, please let Sue know which Zooms you would like to join in January. A link will then be sent on the day.

Where does Santa Claus go swimming?
The North Pool.



How did Mary and Joseph know that Jesus was 8lb 2oz when he was born?
They had a weigh in a manger.



Why did the turkey join the rock band?
Because it had drumsticks.



I bought my son a fridge for Christmas.
I can't wait to see his face light up when he opens it.



What do you call an old snowman?
Water.



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JANUARY

Monday	5th	Coffee & Craft Group	1pm	Metro Lounge, Amersham, HP6 5BX
Wednesday	14th	Aylesbury Lunch	12 noon	Horse And Jockey, Aylesbury, HP19 9QL
Wednesday	21st	High Wycombe Lunch	12noon	Spindle & Thread, High Wycombe, HP13 5HP
Thursday	22nd	Evening Meal, Aylesbury	6.30pm	The Harvester, Aylesbury, HP19 8BU
Monday	26th	Tea & Cake	1pm	The Crew Café, Princes Borough

FEBRUARY

Thursday	5th	Craft Group	2pm	Waitrose Café, Aylesbury, HP20 1AL
Monday	9th	Coffee & Craft Group	10.30am	Metro Lounge, Amersham, HP6 5BX
Wednesday	11th	Aylesbury Lunch	12noon	Horse And Jockey, Aylesbury, HP19 9QL
Wednesday	18th	High Wycombe Lunch	12noon	Spindle & Thread, High Wycombe, HP13 5HP
Monday	23rd	Tea & Cake	1pm	The Crew Café, Princes Borough

MARCH

Monday	2nd	Coffee & Craft Group	10.30am	Metro Lounge, Amersham, HP6 5BX
Thursday	5th	Craft Group	2pm	Waitrose Café, Aylesbury, HP20 1AL
Wednesday	11th	Aylesbury Lunch	12noon	Horse And Jockey, Aylesbury, HP19 9QL
Wednesday	18th	High Wycombe Lunch	12noon	Spindle & Thread, High Wycombe, HP13 5HP
Monday	23rd	Tea & Cake	1pm	The Crew Café, Princes Borough

FUTURE PLANS

May	11th	Cadbury World		Flyer to follow in 2026
July	3rd	Canal Trip		Flyer to follow in 2026
September	11th	Southend-on-Sea		Flyer to follow in 2026
October	10th	Holiday to Ross-on-Wye		Flyer to follow in 2026

You are welcome to any event regardless of area and do remember friends, family & carers are all welcome as are volunteers with or without their member. Please let us know if you would like to attend so we can confirm numbers which is really helpful for us and is a definite requirement for some of the events where payment will be required on booking.

